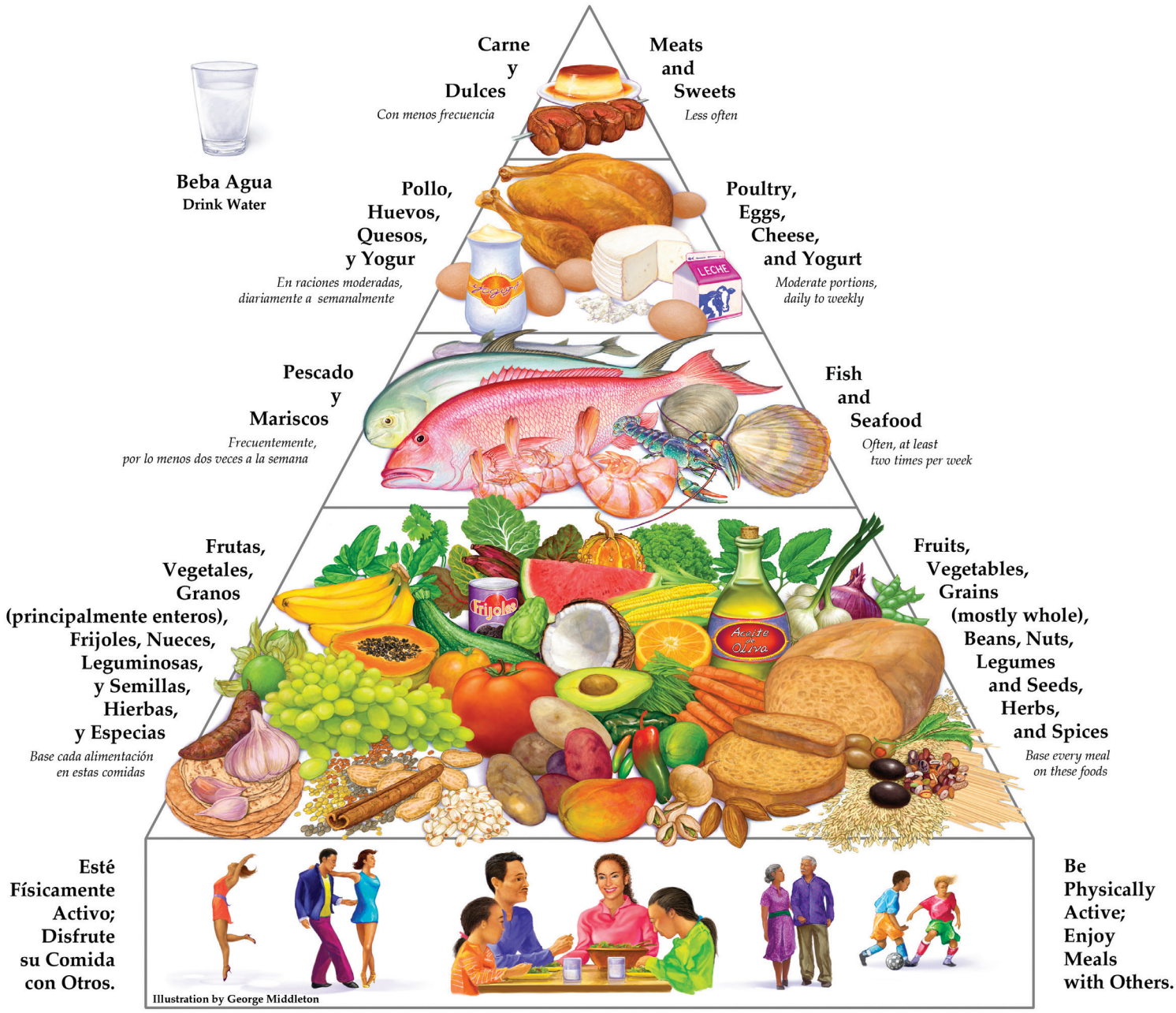
rediscover goodness

OLDWAYS

CULTURAL FOOD TRADITIONS

Latin American Diet Pyramid
La Pirámide de La Dieta Latinoamericana



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